

## Elisabeth Barnard

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**From:** Nigel Bruce <Nigel@NVCCF.org>  
**Sent:** Friday, October 18, 2024 9:22 AM  
**To:** Nevada Board of Massage Therapists  
**Subject:** Petition for Reconsideration of Breast Massage Regulation

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**TO:** Nevada State Board of Massage Therapy  
**FROM:** Nigel Bruce, LMT #8979  
**Subject:** Petition for Reconsideration of Breast Massage Regulation

Dear Board Members,

I am writing to petition the recent amendment to Nevada Administrative Code Chapter 640C, which restricts the practice of breast massage on uncovered breasts, even with explicit client consent.

Since obtaining my massage therapy license in September 2017, I have dedicated my practice to supporting individuals diagnosed with cancer, focusing on both the physical and emotional traumas associated with this disease. This passion is deeply personal, driven by witnessing my life partner's courageous battle with Stage 4 breast cancer.

During my time at The Caring Place, I have observed firsthand the profound relief that specialized massage techniques can provide to those suffering from severe pain and restricted mobility post-surgery. These techniques, which I learned through continuing education courses, have been instrumental in my work, offering significant stress reduction, pain relief, and improved range of motion for patients.

The recent prohibition on breast massage under certain conditions concerns me greatly. This decision may deprive cancer survivors of a critical resource that has demonstrated substantial benefits in managing the physical and emotional aftermath of their treatment. The ability to offer such personalized care, especially when consent is given, is crucial in supporting their recovery and daily quality of life.

Therefore, I respectfully urge the Board to reconsider this regulation. Our goal should be to empower massage therapists to utilize all available methods to support the well-being of our clients, always with respect and informed consent at the forefront of our practices.

Thank you for considering this appeal. I am hopeful for a resolution that continues to prioritize the health and safety of our clients while allowing for the compassionate care they deserve.

Sincerely,

**Nigel Bruce**  
**Lead Massage Therapist**

**Nigel Bruce**

**Lead Massage Therapist**  
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