

From: [Leslie Olkowski](#)
To: [Nevada Board of Massage Therapists](#)
Cc: [Sally Spurgeon](#)
Subject: Re: Breast Massage Therapy Necessity
Date: Tuesday, October 15, 2024 8:16:22 PM

WARNING - This email originated from outside the State of Nevada. Exercise caution when opening attachments or clicking links, especially from unknown senders.

Yes please.

On Mon, Oct 14, 2024, 12:31 PM Nevada Board of Massage Therapists <nvmassagebd@lmt.nv.gov> wrote:

Ms. Olkowski,

Ms. Spurgeon forwarded the email below to our office. Is it your intention that this email be shared as Public Comment for our next board meeting where the petition for the amendment of a regulation submitted by Ms. Spurgeon will be considered?

Elisabeth Barnard

Executive Director

Nevada State Board of Massage Therapy

[1755 E. Plumb Lane, #252](#)

[Reno, NV 89502](#)

775.687.9955

<https://massagetherapy.nv.gov/>

From: Sally Spurgeon <sally@therapielv.com>
Sent: Sunday, October 13, 2024 2:04 PM
To: Nevada Board of Massage Therapists <nvmassagebd@lmt.nv.gov>
Subject: FW: Breast Massage Therapy Necessity

WARNING - This email originated from outside the State of Nevada. Exercise caution when opening attachments or clicking links, especially from unknown senders.

From: Leslie Olkowski <leslieolkowski@gmail.com>

Date: Sunday, October 13, 2024 at 1:24 PM

To: "info@therapielv.com" <info@therapielv.com>

Subject: Breast Massage Therapy Necessity

The purpose of this email is to protest the new regulation from the NV State Board of Massage Therapy prohibiting massage of undraped breasts with client consent.

The massage therapy provided by Therapie has significantly helped my health & wellbeing following double mastectomy surgeries in June and November of 2023. Since my surgeries, I have been treated by Therapy every month to treat & prevent complications. Without this therapy for my breasts, I most likely would have otherwise experienced adhesions, contractures, and poor wound healing due to lack of lymph drainage...which were all treated &/or prevented with this monthly therapy.

In my opinion, as a post mastectomy patient as well as a Registered Nurse in NV, the breast massage therapy provided is a necessity & critical for patients in order to properly heal and recover from such an aggressive surgical procedure. Please do not take this professional treatment away from those of us Nevadans requiring breast massage.

In Health & Wellness,

Leslie Olkowski, BSN, RN

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