

*Nevada State Board of Massage Therapy*

*October 20, 2024*

*Dear Board Members,*

*This letter is regarding prohibiting massage of undraped breast. As a former employee of a massage establishment, I have firsthand experience in dealing with clients who are in pain and constant discomfort from various types of breast problem such as post mastectomy. These breast massages are crucial to these breast cancer survivors. Many find that it is the only option for relief. Many clients struggle with limited mobility because of the mastectomy and having a breast massage allows them to move more freely. These massages offer physical and mental wellness that cannot be found in pain medications.*

*Many of the clients shared with me how breast massages are not only beneficial but is crucial to them living post cancer lives. They make it part of their required selfcare routine so that they can function as normal as they possibly can. Living a life post cancer has its' own obstacle and struggles, limited arm range mobility is one of them. For many of these women, it restricts them from picking up their children, lifting bags of groceries and various other daily life activities. They tell me that the post mastectomy breast massage is necessary. When clients give full consent for breast undrape massage, this allows the massage therapist to apply the technique most effectively resulting in maximum result.*

*Please reconsider revising this regulation especially if the client gives consent. I thank you for your consideration.*

*Sincerely,*

*Jib Wong*

