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Nevada State Board of Massage Therapy  
1755 E. Plumb Lane, Suite 252  
Reno, NV 89502

Dear Members of the Nevada State Board of Massage Therapy,

**Subject: Concerns Regarding the Regulation on Breast Massage**

I am writing to express my deep concerns regarding the new regulation that prohibits massage to the breast area, even with informed written consent from clients. As a licensed massage therapist and owner of N Balance Medical Massage Therapy, I believe this regulation not only undermines the effectiveness of treatment but also restricts our ability to provide vital support to clients recovering from breast surgery.

At N Balance Medical Massage Therapy, we prioritize the health and well-being of our clients, and we are proud to have two certified therapists trained in the Spurgeon Method. This specialized method has been scientifically validated and is crucial for providing therapeutic support to individuals recovering from mastectomies and reconstructive surgeries.

One of our therapists has over 14 years of experience in this field, during which she has provided significant relief from pain and suffering for hundreds of clients. Her work has been instrumental in restoring range of motion, reducing inflammation, and promoting healing after surgery. The results she has achieved speak volumes about the importance of incorporating breast massage into recovery protocols.

Our other therapist has recently completed her certification in the Spurgeon Method and is eager to provide this essential treatment to clients. The need for compassionate and effective care in this area is critical, and our team is committed to supporting individuals during their healing journeys.



The prohibition of breast massage under any circumstances poses several serious concerns:

1. **Impact on Recovery:** For clients recovering from breast surgery, massage can significantly improve outcomes by alleviating pain, reducing swelling, and enhancing mobility. Restricting access to this area may hinder their recovery process.
2. **Client Consent and Autonomy:** The ability to provide treatment with informed written consent is a fundamental aspect of ethical practice. Many clients seek breast massage as a means of promoting healing, and they should have the option to choose this form of care.
3. **Holistic Health Approach:** Comprehensive care for individuals recovering from breast surgery requires addressing all aspects of their healing journey, including the breast area. This regulation limits the ability of trained professionals to provide the best possible support to their clients.

Given the serious implications of this regulation, I kindly request the Board to reconsider its stance on breast massage and allow exceptions for certified therapists who have undergone specialized training in the Spurgeon Method and possess the necessary knowledge to perform this work safely and effectively.

Thank you for your attention to this important matter. I look forward to your response and hope for a collaborative approach that prioritizes the health and well-being of our clients.

Sincerely,

A handwritten signature in black ink, appearing to read "Angel L. Hammering", with a long, sweeping underline.

Angel L. Hammering, LMT/Owner  
NVMT #1899 (Licensed since 1997)  
N Balance Medical Massage Therapy