

Tereza Van Horn

Subject: FW: Covid 19 meeting

Sent: Wednesday, May 6, 2020 6:38 PM

To: Sandy J. Anderson <sjanderson@lmt.nv.gov>

Subject: Covid 19 meeting

Hello,
I'm a massage therapist in Henderson Nevada. I wanted to ask that touch free temperature checks be required. That contractors be required to wear masks and that masks for clients be recommended. I'm sure you have many other important boxes you're checking but I just wanted to add these two.

Thank you
Kristin Schirripa

Tereza Van Horn

Subject: FW: Please Read-Opinions on reopening safety from a Las Vegas massage therapist standpoint

Sent: Wednesday, May 6, 2020 6:31 PM

To: Sandy J. Anderson <sjanderson@lmt.nv.gov>

Subject: Please Read-Opinions on reopening safety from a Las Vegas massage therapist standpoint

Hi my name is Jodi Jenkins and I work for the Cosmopolitan of Las Vegas, I have been a massage therapist for over 15 years.

Due to the recent Covid-19 outbreak I haven't worked since March 15th and as I'm grateful for this time to stay home and stay safe my biggest concern is for my health and wellness of myself and my fellow massage therapist when we do return to work. Considering how closely we work with people, and also considering we work in a town where we work not only with people from all over the U.S. but all over the world-I just want policies in place to keep all massage therapists safe during these unknown and scary times.

These are some ideas I've come up with that I think could help us stay safe and healthy as well as keeping our clients/guests safe and healthy as well.

Thank you for reading and thank you for any and all help through these difficult times.

Temperature Checks when the guest arrives.

Temperature checks for all spa employees before and after shifts.

Required showers for guests receiving massage.

Masks and gloves for massage therapists.

Extra time between appointments to sanitize massage room after working with a guest.
Doing 60, 90, 120 minute services with 15 min between each guest.

Hand sanitizer should be provided in each room for the guests to use before and after their massage.

Limiting the number of guests in the spa at one time.

8 hour or less shifts to limit exposure.

Plus we are commission only employees with no hourly income, we all know the spa volume will be low for a while-full time should be 30 hours a week. No 10 hours shifts.

During the Covid outbreak give more leniency to massage therapist for calling out sick-at the first sight of anything. There should be no negative repercussions for an employee who has to stay home sick, especially during this time.

Freedom to ask guests health questions including but not limited to-have you had a temperature in the last two weeks, any symptoms of a cold, flu or covid 19?

Have you traveled outside of the US in the last month?

Make coming back to work for the first month a voluntary process and then if they don't believe they are staffed enough by seniority. because I don't believe that people should be punished if they want to stay home for a little bit longer once things start to reopen.

Tereza Van Horn

Subject: FW: Comment re: meeting on 5/8 COVID-19

Sent: Wednesday, May 6, 2020 6:06 PM

To: Sandy J. Anderson <sjanderson@lmt.nv.gov>

Subject: Comment re: meeting on 5/8 COVID-19

Dear Sandy,

I hope that I am addressing the appropriate person regarding the meeting scheduled for tomorrow May 8, 2020 regarding the consideration of reopening of the massage therapy industry in the State of Nevada.

My name is Jessika Reeve, and I am the owner of Holistic Arts Bodywork in Sparks. I have been in the massage and bodywork industry for 15 years. My business is relatively new, and we are tiny compared to some of the conglomerates of the spa industry in Nevada. We are small but mighty in our dedication to our clients.

Given that this is a multi-billion dollar industry, particularly with the spas located in many casino hotels that exist in our state, I can certainly understand the sense of urgency in reopening.

I do not share that sentiment. I want very much to see my business back up, and the clients do as well. We need to think strongly about what kind of responsibility we have to the public. I get that we are considering some strict revisions to protocol, possible PPE's, etc. But it's still just too soon! The issue here is that we are dealing with a very infectious and highly volatile virus, a disease that remains somewhat unpredictable. It is showing time and time again that PPE's don't always work. Furthermore, LMT's work with numerous high risk clients. I for one, have no interest in having blood on my hands for the one virus germ that weasels its way through a mask and infects a human being, and will at the very least cause permanent lung damage if the person is spared a horrendous gruesome death.

I feel very strongly that we should be looking to more successful models of action as shown by other countries and play off of that. I also feel strongly that there should be adequate compensation for those unable to work. There are so MANY people who would be happy to wait longer for the sake of saving lives.

I've been watching multiple social media groups centered around the massage and spa industry. We are a very conflicted bunch. I will say that there is overwhelming agreement that we could wait it out until direct contact can be more safe than not. It really does come down to money, and safety nets with rental spaces. We also want to know where we fit in, in relevance to the stages of reopening the state. A date to work with would be nice, even if it means it has to change. A lot of LMT's want to get an idea about the time frame that they need to plan around. I'd recommend waiting to reopen our industry closer to July 1, 2020, if such recommendations are to be considered.

At the very least, I am urging those that call the shots to weight the pros and cons of reopening this soon, before we've truly gotten a handle on COVID-19. Please choose lives over economy. If we stand together as a community, we can get each other taken care of.

Thank you,

Holistic Arts Bodywork
www.holisticartsbodywork.com

Tereza Van Horn

Subject: FW: Public Comment for Friday's Meeting

Sent: Wednesday, May 6, 2020 4:11 PM

To: Sandy J. Anderson <sjanderson@lmt.nv.gov>

Subject: Public Comment for Friday's Meeting

To Whom It may Concern,

I am a massage therapist in Reno, NV, operating as a sole proprietor. I am sincerely hoping that the board is ready to reopen massage businesses. There are a few points worth mentioning. First, financially self-employed people have been hit hardest during this time as the PUA is STILL not open yet so we have received no financial support since closing due to COVID. On this point, so many people are truly suffering and feeling the financial desperation surrounding this order. I mention this desperation because of the law of unintended consequences- people who are desperate (clients and clinicians alike) often find ways to skirt regulation, as we have already seen in Reno in the cosmetology industry. This action would lead to uncontrollable conditions- whereas a clinician can fully control the cleanliness of their office and massage space. Second, on the point of cleanliness, there are ways to really mitigate risk! Both parties wearing masks and sterilizing the space between clients are all very doable on top of regular sanitation efforts. Third and final thought is that the immunocompromised, people who prefer to stay at home longer, people who don't trust their massage therapist's sanitation practices will continue to stay away and naturally decrease the clientele starting back up. There is NO WAY to know now or in the foreseeable future who is carrying the virus asymptotically, who already had it and is immune, or who has been exposed but is not expressing symptoms yet. Let healthy people begin to move about in society again, and get their massages, with caution and awareness so that we can continue supporting one another through these unprecedented times.

I sincerely thank you for considering these thoughts and look forward to your guidance on our next step.

Whitney Tierney
NVMT 5333

Tereza Van Horn

Subject: FW: questions for board

Sent: Thursday, May 7, 2020 7:21 AM

To: Sandy J. Anderson <sjanderson@lmt.nv.gov>

Subject: questions for board

Thank you for the special board meeting.

In my opinion there is no non essential business as every business puts a roof over someone's head and food on someone's table. They are all essential and we need to get back to providing.

I want you to know how this state of emergency is destroying thriving businesses. Prior to this, I had a thriving practice. My business is made up of my craniosacral practice. I have a full schedule and wait list. So for the past 2 months I have been denied my right to work, provide and help provide my clients with relief.

1. My license is due June 30,2020 and I have been mandated to shut down practice since 3/18/20. I would like the board to consider resetting all licenses to reflect the duration of the declaration of emergency. There has not been an over flow or burden on Washoe County hospitals and that was the reason for this State of Emergency.

For example, my license is due June 30, 2020 and should be re set to August 30, 2020. I did not get PPP loan, unemployment or was deemed essential enough to work in private or government sector. This license is one of three that I pay to maintain my practice and business. I also pay the city as well as the state.

I also have just extended a 4 year lease and without my thriving practice, I don't see how I will pay this and all my expenses.

We are all expecting that clients will return and if they can not due to their financial ruin, how do we provide or pay our own expenses including this license.

2. I am a Cranial Sacral therapist practicing under massage license so my clients stay fully clothed and have a sheet or blanket between my hands and their body. In addition, I have clients who suffer from MS, Migraines, Parkinson's Concussive injuries, neuropathy, and other chronic complex pain patterns who are suffering as symptoms are worsening as a result of no treatment for pass two months. They don't see me as non essential and certainly the issues that are causing them pain do not either.

I and several therapists, who work with chronic pain are not sure why a physical therapists can stay open and deemed essential whereas we are not.

I have hygiene and sanitation practices ready and used them prior to being shut down in March. My question is if practices are in place, clients are actively seeking treatment what is the reason our businesses and practices can not reopen?

I am requesting that the responses to my questions be answered in writing. I appreciate your time and energy on these matters.

Enjoy Now,

Amy Lewis

CranioWave, LLC®

NVMT 2652

Tereza Van Horn

Subject: FW: public comment for meeting on 5/8

Sent: Wednesday, May 6, 2020 10:31 PM

To: Sandy J. Anderson <sjanderson@lmt.nv.gov>

Subject: public comment for meeting on 5/8

Hello,

1. I would just like to ask what measures the board will take to insure that proper COVID-19 regulations are being adhered to? Will it be by way of hiring more inspectors and having additional training?
2. It is known that there are "massage clinics" that have illegal operations taking place. Will there be any additional action taken by the board so that these establishments acting as massage clinics are dealt with to stop the spread of this virus?
3. Currently, FEMA is funneling all PPE to help distribute it as necessary to areas where hospitals need it most. This is creating an even higher demand. Will the state board be supplying help with obtaining the proper PPE (if deemed necessary) for sole practitioners and/or companies?

Thanks for all of your hard work and for answering my questions.

Best,
Stephanie Wilson
NVMT 3747

Tereza Van Horn

Subject: FW: Massage/salons

Sent: Tuesday, May 5, 2020 11:58 AM
To: Sandy J. Anderson <sjanderson@lmt.nv.gov>
Subject: Massage/salons

I can't believe they would even think about putting these employees in such danger! There's no urgent need for these businesses to open at this time!!

Deborah Vargo
Sent from my iPhone

Tereza Van Horn

Subject: FW: NSBMT Board Meeting May 8, 2020 Information

Sent: Thursday, May 7, 2020 9:32 AM

To: Sandy J. Anderson <sjanderson@lmt.nv.gov>

Subject: RE: NSBMT Board Meeting May 8, 2020 Information

I see by the agenda that the Governor has assigned a public board member. I ask when is he going to get around to replacing April Whiting. Her term ended a year ago and yet she still has sway over the profession. I think that even if there has been no replacement, she should step down voluntarily.

Stay safe.

Billie Shea

From: Sandy J. Anderson <sjanderson@lmt.nv.gov>

Sent: Wednesday, May 6, 2020 9:18 PM

To: Sandy J. Anderson <sjanderson@lmt.nv.gov>

Subject: NSBMT Board Meeting May 8, 2020 Information

The Nevada State Board of Massage Therapy will hold a Special Meeting on May 8, 2020 at 9:30 a.m. I have attached the following items to this email:

- Agenda with Zoom information
- Public Comment received through May 6th at 3:00 p.m.
- Proposed Emergency Regulations
- Proposed Guidelines for Reopening

Additional supporting documentation will be uploaded to the Board website tomorrow.

If you wish your written public comment to be uploaded to the Board website, please complete submission prior to 4:00 p.m. tomorrow, Thursday, May 7, 2020.

Sandy

Sandra J. Anderson

Executive Director

Nevada State Board of Massage Therapy

1755 E. Plumb Lane, #252

Reno, NV 89502

775.687.9951

sjanderson@lmt.nv.gov

Tereza Van Horn

Subject: FW: Upcoming Special Meeting

Sent: Thursday, May 7, 2020 8:39 AM

To: Sandy J. Anderson <sjanderson@lmt.nv.gov>

Subject: Upcoming Special Meeting

I am a believer of science. I am also a follower of rules and I respect the law.

That being said I find it questionable that we have been able to walk into various stores the last 2 months with hundreds of others, passing each other in the aisles, where we can touch as many items including un-packaged produce, as we want and return them to the shelves all without masks and gloves. We have been allowed to have our food and groceries delivered, handled by strangers exposed to who knows what before it reaches our homes. We have been allowed to continue handling dirty money and gas pumps and yet OUR offices which are voluntarily governed and inspected by a board and held to strict sanitation protocols are not allowed to operate.

I get it, we touch people, we work in an enclosed air space but we are also educated in how to control that environment... Short of wearing gloves, perhaps changing our clothes out in between sessions and adding a removable covering to the chair in the clients changing area that can be changed out with their table linens; I don't know how much safer we could be? We already sanitize every surface we can think of and wash our hand/arms all day long, we already store our clean linens separately.

I can't speak to the offices that have more than 1 practitioner or the spa world, but a practice like mine: single therapist, single client by appointment with no client overlap, a controlled environment with the same small client load on a rotating 1-6 week schedule should be allowed to operate.

Most private therapists only average 3-5 clients per day.

Our clients very much consider us essential to their health and well being. We all have people who had all but given up, tried everything else, walked into our offices as a last resort, resigned to the idea they were just doomed to live the rest of their lives in pain who now feel as if they can't function without us.

Physical therapists remain allowed to do massage (yes, I understand the greater extent of their education) but at the end of the day... touching is touching and my single room office is still easier to sanitize than a physical therapy office with multiple pt assistants, multiple tables, and clients all sharing the same equipment and air space.

Please help us get back to work so we can take care of our clients and our families even if it's Out-Call only to begin with would be better than nothing.

Lastly I just wanted to add a quick side note. I feel like our industry really missed an opportunity to serve our community during this pandemic. We are the 1 industry that could have been taking care of the care takers; providing relief and healing for our exhausted front line workers in the medical field and grocery stores. Again, just my personal feeling there, I respect that others may feel differently.

Thank you for your time and guidance in our efforts to move forward as an industry.

Brandi Goodson

NVMT #8875

Pressing Matter Licensed Massage Therapy

Tereza Van Horn

From: Sandy J. Anderson
Sent: Thursday, May 7, 2020 11:37 AM
To: Tereza Van Horn
Subject: FW: NSBMT Board Meeting May 8, 2020 Information
Attachments: 20200507_094600 DJOtto NVMT-103 Public Comment for NSBMT Mtg 20200508.pdf

Please add this to public comment

Thanks
Sandy

Sent: Thursday, May 7, 2020 9:54 AM
To: Sandy J. Anderson <sjanderson@lmt.nv.gov>
Subject: Re: NSBMT Board Meeting May 8, 2020 Information

Good Morning, Sandy -

Thank you for your persistent communication - if this is via that expirable, opt-in email List, please renew my "subscribe me, PLEASE" status. :D

Thank you, also, for accepting my ***attached Public Comment*** for tomorrow's meeting.

May there be an opportunity for the Public to read, through Zoom-mic in the Meeting [URL], a live version of their Public Comment?

and
The Agenda state Adjournment to be "no later than 4:30", as usual, but how long are you estimating the Meeting could or would be?

Thank you - and remember to eat Lunch! :D



Be Well,
David J Otto  

On Wed, May 6, 2020 at 9:18 PM Sandy J. Anderson <sjanderson@lmt.nv.gov> wrote:

The Nevada State Board of Massage Therapy will hold a Special Meeting on May 8, 2020 at 9:30 a.m. I have attached the following items to this email:

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Sandy

Sandra J. Anderson

Executive Director

Nevada State Board of Massage Therapy

1755 E. Plumb Lane, #252

Reno, Nv 89502

775.687.9951

sjanderson@lmt.nv.gov



Thank you for reading my Public Comment, aloud and/or entering it into May 8th, 2020's Meeting Minutes.

Thank you for your diligent, persistent work in creating, vetting, and considering the *Proposed Emergency Regulation Draft* and *NSBMT Sanitation Guidelines For Reopening* that will be discussed and hopefully Moved on during this Meeting.

The following are a few hard questions with which I believe the profession of massage therapy (MT) is faced during this [SARS-CoV-2] pandemic:

Can a person be in the presence of another person and touch them without transmitting a [SARS-CoV-2] virus?

I believe **two asymptomatic people can touch, presenting the lowest risk possible** by each wearing an effective, filtered mask and not touching their mucous-lined (nose, mouth, eye) surfaces. The scientifically- and medically-based understandings that an airborne virus that requires droplets (eg. SARS-CoV-2) cannot transfer through an uncompromised epidermis (skin) and that (micro-)abrasions can allow viruses past the stratum corneum under which they may continue replication has been researched and stated by several medical and healthcare authorities.

When will Massage Therapists be able to work again?

When Stay-At-Home Orders are lifted, then I do believe enough data will have been generated and analyzed and would agree with authorities that will deem it is safe enough and, with precautions, to be in the physical presence of and be able to safely touch another asymptomatic person. Some massage-professionals and people won't feel this way – and that includes massage therapy clients. Up until now, the CDC has only associated "'touch' and 'transmission'" by way of mucous linings in our mouths, nose, and eyes; inhaled aerosol-Droplets are the primary vehicle for this virus's transmission, so I am understanding that *skin to skin contact is not a vehicle for the virus of medical-interest or statistical consequence*.

I am guessing that proper vetting and codification of any Board-Recommendations to LEAP could take **up to or more than a month**. As MT is not considered "health care" or "medical" in Nevada, I imagine Massage Therapists getting back to work may look much like other Personal Service professions' return to touching the Public.

How and When can we assure the Public that touch is safe?

I believe that after any predicted-Second Wave scenarios have passed, all temporary governmental Orders have expired, the WHO ends pandemic status, and a vaccine and/or cure is available, the Public, as a whole, will be ready to accept, wholly and unquestioningly and without recoil or retaliation, professions involving touch, like Massage Therapy. We will be better equipped with PPE (because of improved supply-lines), knowledge (including emerging Considerations and Contraindications like blood-clotting impairment issues that are becoming medically-documented in a significant number of COVID-19 patients and survivors), and be able to continue to create a safer space in which to assist our client AND do no harm. Some models show **that time may occur up to or beyond 6 months from now**.

Thank you for your wisdom: to base your actions in facts/science *and* in public perception, simultaneously;

Thank you for your guidance: to stay in communication with us during this unprecedented Time of public hyper-awareness and general population health-safety considerations.

I await your direction.

David J Otto, LMT BCTMB
NVMT:103

To Whom It May Concern –

I wanted to share our precautions and protocols for the Coronavirus with you in case they prove useful in helping massage establishments to re-open. I understand the Governor is looking to this Board for recommendations and hope these may help.

Thérapie is a small, 3 room, massage office in Las Vegas that offers treatment for post-mastectomy patients, women with lactation issues, and patients with post-breast surgery issues. We also offer Oncology massage and Manual Lymphatic Drainage for women suffering with lymphedema following breast cancer surgery.

Most of our clients are referred by their surgeons, oncologists or lactation consultants. Because of the nature of our business, our clients are already at-risk for infection and most of these protocols are already in place.

We are currently receiving requests from doctors' offices asking how soon we can take their patients. If you know of a way to receive a dispensation so we may help their patients, please let me know?

Also, if you have a recommendation for improvement to our protocols, I'd appreciate it.

I am grateful for your time and attention to this. Thank you.

Hoping you stay safe and well.

Sincerely,

Sally Spurgeon

Sally Spurgeon, LMT, MMP, BCTMB
Certified Lymphedema Therapist
Thérapie
Therapeutic Massage and Bodywork

Thérapie Corona Virus Precautions and Protocols

We encourage each therapist to use their professional judgement about their ability to accept and care for clients in a way that follows our state, CDC and OSHA guidelines.

Therapists are required to have their temperature taken at the beginning of each shift and are required to stay at home if they feel unwell.

Thorough cleaning, disinfecting and sanitizing protocols are carried out in each massage room and all communal areas before and between each session and at the end of day.

- All hard surfaces are wiped and sanitized, including doors, door handles, light switches, coat hooks, chairs and shelves used for clients' personal effects
- All lotion bottles, back bar dispensers, towel warmers, counters, sinks, massage cups, cupping machines and carts are disinfected
- Sheets, blankets, face rests and towels are changed and tables and face-rests are sanitized between each session
- (Table warmers, fleece table covers and fleece face-rest covers are not to be used. Robes are to be provided on request and not to be left hanging in rooms)

Therapists are required to wear masks during sessions. Clients are required to wear a mask when lying face-up and when interacting with the front desk.

Therapists are required to change their shirt, or any garment that may come into contact with a client, after each session.

Gloves are available for therapists to wear to satisfy their, or the client's, concerns.

Therapists must wash their hands in the treatment room immediately before commencing work on a client and upon completion of the session, before leaving the room.

Signage is posted in the front office, waiting room and restrooms to emphasize social distancing, handwashing and hygiene precautions. Also to notify clients about requirement to wear mask when face-up during treatment.

Clients are asked to book and pre-pay online to avoid contact during check-out.

All intake forms are completed online.

Appointment times are staggered to avoid more than one client at the front desk at a time.

Clients are asked to remain in their car until their scheduled time to avoid contact with other clients

Clients are asked not to bring friends or family members with them at this time – the waiting room is not currently available for guests

Clients are required to have their temperature taken when they arrive – any client exhibiting signs of illness is asked to reschedule

Clients are requested to cancel their appointment if they feel unwell on the day of their appointment. Cancellation fees do not apply.

Hand sanitizer and wipes are available to clients at the front desk, in the waiting room, in the restroom and in the treatment rooms

Water is provided to clients in disposable cups by therapists. Self-serve water and tea is currently not available.

Retail items are provided by front desk attendant upon request and paid for by attendant's manual entry of credit card number as relayed by client.

Tereza Van Horn

Subject: FW: Friday's NVBMT Meeting

Sent: Thursday, May 7, 2020 12:01 PM

To: Sandy J. Anderson <sjanderson@lmt.nv.gov>

Subject: Friday's NVBMT Meeting

Good Morning,

I received an email response from Tereza in regards to the Special Meeting tomorrow morning. I wanted to provide some input on what our studio/Franchise is looking to implement in hopes that it may help our case for reopening in Phase 1.

I would also like to point out that we have a maximum of 8 rooms in our studios so even if we were at 100% capacity, we would never have more than 18 in the entire building (including front desk) and social distancing would actually be quite easy considering everyone would be in separate rooms. 2 per room and 2 in the lobby. I believe our guidelines below would dramatically meet/exceed the small gathering requirements recommended by the CDC.

Staffing Safety Requirements

- Daily temperature checks, if temperature is above normal 100.4 staff member will be sent home
- Stagger appointment starts
- Mandatory 15 min gap between all appts
- All staff must wear masks
- No waiting in lobby – Curbside/Text Check In
- Blankets removed from tables, replaced by double sheets
- No more than 2 MT's in break room for lunches. Highly recommend lunch breaks take place offsite

Screening clients, for:

- underlying chronic medical/health issues,
- travelled abroad,
- had contact with a COVID19 patient, or
- living with COVID19 patient,

Client Safety Measures:

- Enter building with personal mask/face covering
- Hand Sanitizer for hands or use restroom to wash hands upon arrival
- Wait in car until text received your technician is available. 5 minutes max waiting in lobby. No more than 2 guests in lobby at a time. No guests may wait in lobby that is not scheduled for an appointment
- Services and gratuity on credit card. Card must be on file before arriving for appt. Receipt will be emailed
- Any cash tips must be given to technician directly

- All appointments must be made on the phone or online
- New Clients must email their intake form in ahead of time
- Take client's temperature, if temperature is above normal 100.4, client will be asked to reschedule

Please let me know if we can be of any further assistance or if you have any questions. Thank you for everything I know you are all doing on our behalf, we appreciate you so much!

Sue Nelson

Tereza Van Horn

Subject: FW: Special Meeting May 8, 2020

Sent: Thursday, May 7, 2020 11:09 AM
To: Sandy J. Anderson <sjanderson@lmt.nv.gov>
Subject: Special Meeting May 8, 2020

Dear Executive Director Anderson,

I have been a Licensed Massage Therapist in Clark County and the City of Las Vegas since 2002. My state licensure (NVMT165) began with the inception of the Board. I am writing to express my concerns re: the shutdown and potential emergency regulations re: the pandemic.

Clients' Health

My primary concern is the health of my clients. As you know, therapeutic massage is a critical component of health. So I am worried about clients who are being denied massage treatments for migraines/headaches, fascial restrictions, stress relief, sleep disturbance, depression, etc. Dr. Tiffany Fields has conducted many studies showing the efficacy of massage therapy and how it helps with multiple physical/medical issues. Also, massage therapy does boost the immune system. These clients are at risk.

Rules

If the rumors are true, then I am really concerned about the requirement to wear gloves. First off, massage therapists are not responsible for the transmission of communicable diseases by providing massage. So forcing us to wear them undermines our ability to palpate accurately which will result in less than optimal treatments. And clients will suffer.

Secondly, I and all therapists I know already wash our hands often and regularly, as well as sanitize our works spaces and equipment. Again, we are not the cause of disease transmission. So I believe the proposal to require us to wear gloves is not based in fact. Rather, it's putting a band aid on irrational fear.

Licensing Fees

Massage therapists have been out of work since March 17, 2020. I believe the Board should support our losses of income by offering one or both of the following renewal options:

- 1. Reduce renewal fees and required CEUs** - prorate the amount by the length of time we are not allowed to work.
--for example: 3 month shutdown = 25% discount in fees and 25% fewer CEUs -- 3 months is 1/4, 25%, of a year
- 2. Extend renewal dates** by the length of time we are not allowed to work
--for example: November 1st renewal would be extended to February 1 of the following year if the shutdown lasts 3 months.

Loss of Income

I don't think I need to say too much about this worry. Without income, we can't pay for our business expenses and unemployment will not cover many personal expenses.

Extinction of the Massage Industry

If massage remains shutdown much longer and only Physical Therapists are allowed to provide massage, then why would clients come back to us after getting established with a PT? If our industry is deemed non-essential and disrespected, then why would anyone become a Massage Therapist going forward? Our industry was on the cusp of

acceptance in healthcare as a legitimate form of treatment, with backing from scientific research. Clients and the general public will now rely more on pills and cbd for their soft tissue pains and dysfunctions instead of therapeutic massage because of an extension of the shutdown.

Private practitioners should be allowed to reopen as soon as possible. We have direct control over our environments, unlike therapists in spas where germs and bacteria can easily fester and spread. We also have a rapport with clients that spa therapists don't because spa clients typically are not regulars. So we communicate directly with our clients about health issues and have more control over cancelling and rescheduling clients when contraindications arise.

I hope the Board seriously considers our concerns. Thank you for the opportunity to share them.

Author of Living In Total Health

Glen Alex, BCTMB, LMT

The Massage Advantage

USANA Associate

livingintotalhealth.com

massageadvantagelv.com

facebook.com/massageadvantage

glenalex.usana.com

"The best hands in the business!"

Tereza Van Horn

Subject: FW: Questions regarding re-opening

Sent: Thursday, May 7, 2020 3:44 PM

To: Sandy J. Anderson <sjanderson@lmt.nv.gov>

Subject: Questions regarding re-opening

Chelsey Wethern

NVMT.8806

Independent contractor

Owner/ therapist Soothing Kneads Massage

1. Spas and individual contractors who are in suites be considered differently in opening. Individual contractors have more control over their environment
2. In the revised guidelines in section 5 it states massage therapist may continue to provide outcall services during the duration of state of emergency. Is that stating that during this entire time we could have been doing mobile massages?
3. Where does the board stand on opening? In what phase does the board think we should open, do you feel that our sanitizing laws we already have to prevent the spread of viruses diseases, skin disorders are adequate to prevent the spread of this one too? Are you working on our behalf to help us get back to work as quickly as possible?

Tereza Van Horn

Subject: FW: question

Sent: Thursday, May 7, 2020 1:59 PM
To: Sandy J. Anderson <sjanderson@lmt.nv.gov>
Subject: Re: question

Ok thank you

I'd like to see a couple things in the massage rooms like UV lights to kill germs and HEPA filters. I would also like the legal right to wear a mask ANY TIME I deem necessary without fear of being fired or sent home by the huge strip spa that I work for. Ive asked in the past only to be told no because it makes our guests uncomfortable, despite them coughing on me for an hour minimum in a confined, not well circulated, space. In the past I lost 3 months of work due to guests coming in sick with flus. I would also like more legal protection from the board from the hotel's terrible point system. 10 points and we're fired... I touch dirty people all day who cough in my face and sneeze without covering and they expect me to almost never be sick but also never have anything in life come up as well. Gosh forbid there's a death in the family or you have to care for a sick family member aside from yourself. Fmla laws don't help. We need some kind of union. We need special protections. I get NOTHING. No health insurance, no disability, nothing.

Sent from [Outlook Mobile](#)

From: Sandy J. Anderson <sjanderson@lmt.nv.gov>
Sent: Thursday, May 7, 2020 11:39:25 AM
Subject: RE: question

Kathrine,

Send that email to me and we will add it to public comment. The Board will only discuss items on the agenda. If you are recommending additional topics that aren't on the agenda and not associated to the agenda items, the Board will not be able to discuss them.

Please go ahead and send me what you have and if they can't discuss it, it will still be recorded in public comment.

Sandy

Sent: Thursday, May 7, 2020 10:16 AM
To: Sandy J. Anderson <sjanderson@lmt.nv.gov>
Subject: question

To whom do we send an email to about a specific thing we'd like to discuss, I read the emails already sent and I'd like to add a couple extra things?

Thank you so much

Kathrine von Arx

Tereza Van Horn

Subject: FW: Massage in light of COVID

Sent: Thursday, May 7, 2020 12:36 PM
To: Sandy J. Anderson <sjanderson@lmt.nv.gov>
Subject: Massage in light of COVID

To whom it may concern,

Hello and good afternoon. I am writing to extend my thoughts and suggestions that I share with many other therapists. I am hoping to communicate my concern about practicing massage during this pandemic. If I could request for there to be some mandates regarding health and safety of the clients as well as the therapist as we look forward to the re-opening of our establishments. If possible, I would like to suggest a few things for your consideration such as:

- 1) Required screenings prior to treatment.
- 2) Required masks and gloves for therapists especially and possibly masks for clients as well.
- 3) Required showers for clients prior to treatment.
- 4) Additional sick days for therapists.
- 5) Additional time allotted between treatments for proper sanitation of treatment area.

Thank you in advance for your consideration. I hope and pray you are and stay safe and healthy during this trying time we are facing.

Sincerely,
Maria Manansala, LMT